

SANGUINE STRENGTHS

- 1 Great storyteller
- 2 Full of energy and enthusiasm
- 3 Joyful
- 4 Bright
- 5 Affectionate
- 6 Expressive and animated
- 7 Nonjudgmental, accepting of others
- 8 Sees the bright side
- 9 Lives in the moment, spontaneous
- 10 Likes adventure
- 11 Curious
- 12 Makes friends easily
- 13 Creative, imaginative
- 14 Encouraging
- 15 Shows emotions openly
- 16 Comfortable being the center of attention
- 17 Inclusive, inspires other to join
- 18 Thrives on compliments
- 19 Charming
- 20 Apologizes quickly and doesn't hold grudges

SANGUINE WEAKNESSES

- 1 Chatty
- 2 Rambunctious, wiggly
- 3 Can be overly innocent, naïve
- 4 Loud
- 5 Short attention span, easily distracted
- 6 Doesn't like doing things alone
- 7 Dramatic
- 8 Has big emotions, tantrums
- 9 Interrupts and answers for others
- 10 Overcommits
- 11 Easily excitable, impulsive
- 12 Has restless energy
- 13 Forgetful, scatterbrained
- 14 Makes excuses
- 15 Easily influenced
- 16 Decides by feelings
- 17 Disorganized, creates chaos
- 18 Can be a showoff
- 19 Seems phony, too happy to some
- 20 Exaggerates and elaborates