

All About

TEEN'S NAME HERE

1 Check the boxes for all that apply and total your check marks below each list.

THE TEEN...

- Talks, sings, or makes noise, even when alone.
- Speaks up, even in unfamiliar situations.
- Engages with strangers.
- Shares their thoughts without being asked.
- Takes on roles like club captain or recess ringleader.
- Says things like "This is so fun!" or "I'm mad at you."
- Gets described as loud.
- Often stands too close to people.
- Has over-the-top reactions like anger or excitement.
- Gets attention in class by being helpful or disruptive.

___ TOTAL **EXTROVERT** SCORE

THE TEEN...

- Prefers being around other people.
- Demonstrates thoughtfulness.
- Includes others, even those they don't know well.
- Has a warm, friendly demeanor.
- Worries what others think of them.
- Often tells long, lively stories.
- Forgives easily.
- Goes with the crowd, deferring to others' ideas.
- Leaves things like games, books, and chores unfinished.
- Thrives in team sports or group projects.

___ TOTAL **PEOPLE-ORIENTED** SCORE

THE TEEN...

- Plays well alone.
- Keeps close by around new people or places.
- Processes internally, thinking before replying.
- Enjoys solitary activities like reading, LEGOs, etc.
- Keeps their thoughts and opinions to themselves.
- Withholds emotions and/or lacks enthusiasm.
- Avoids eye contact, especially with new faces.
- Prefers to observe before joining in with others.
- Gets described as shy.
- Second-guesses their decisions.

___ TOTAL **INTROVERT** SCORE

THE TEEN...

- Takes pride in finishing things like games, books, or chores.
- Thrives when there's a plan to follow.
- Easily grasps and remembers details.
- Makes decisions by logic, excluding others' feelings.
- Talks about their accomplishments, often in detail.
- Forms deep friendships with a small but loyal social circle.
- Gets described as a hard worker.
- Usually succeeds, even if it requires a lot of effort.
- Resists admitting mistakes or forgiving others.
- Enjoys creating lists and finding efficient ways to do

___ TOTAL **TASK-ORIENTED** SCORE

2 Tally the results. The highest number indicates the teen's possible temperament.

+ Extrovert Score	+ People-Oriented Score	+ Sanguine Score	+ Introvert Score	+ Task-Oriented Score	+ Melancholic Score
+ Extrovert Score	+ Task-Oriented Score	+ Choleric Score	+ Introvert Score	+ People-Oriented Score	+ Phlegmatic Score

3 Wondering what this means?

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