

MELANCHOLIC STRENGTHS

- 1 Creative, often musical and/or artistic
- 2 Sensitive, emotional
- 3 Plays and works well alone
- 4 Serious and purposeful
- 5 Honest
- 6 Detailed
- 7 Able to stay focused and calm
- 8 Forms deep friendships, quality over quantity
- 9 Aware of others' feelings
- 10 Thrives with structure and routine
- 11 Good at arranging and organizing
- 12 Cautious
- 13 Trustworthy
- 14 Compassionate
- 15 Logical, methodical
- 16 Content to stay in the background
- 17 Problem solver
- 18 Great listener
- 19 Likes to be on time, have a schedule
- 20 Perfectionist

MELANCHOLIC WEAKNESSES

- 1 Moody
- 2 Has trouble bouncing back
- 3 Slow to make friends
- 4 Struggles when plans change
- 5 Worried, fearful, overly cautious
- 6 Too focused on mistakes
- 7 Hard to please or make happy
- 8 Can be awkward socially
- 9 Easily overwhelmed in large groups
- 10 Lacks self-confidence
- 11 Cautious, guarded
- 12 Hesitant to start, spends too much time planning
- 13 Gets hung up on details
- 14 Takes everything personally
- 15 Jealous
- 16 Pessimistic
- 17 Judgmental
- 18 Self-sabotaging
- 19 Tends toward hypochondria
- 20 Withdrawn, holds back affection