

About My **Green** Child

Here are a few things to know about how

_____ is wired so this year can be a success.
child's name

My child is an **internal processor. They think before they speak.**

You might find that they...

- Don't respond right away to questions (or will say, "I don't know" if they are still thinking).
- Hesitate to join class discussions.
- Need to be invited to share their thoughts.

My child is **people-oriented. They like connecting with others more than completing tasks.**

You might find that they...

- Talk with classmates and struggle to stay focused on work.
- Would rather collaborate with others than work alone.
- Put off assignments that are not urgent (or opt out if they aren't required).

These are some of my child's **strengths.**

- Easy going
- Kind
- Considerate
- Good friend
- Forgives easily
- Great team player
- Calm
- Generous
- Patient
- Quiet but witty

These are some of my child's **struggles.**

- Indecisive
- Hesitant to join in
- Shy
- Unexpressive, unenthusiastic
- Stubborn
- Messy
- Sarcastic
- Can get stuck in worry or fear
- Easily influenced by others
- Unmotivated, undisciplined



To motivate my child and bring out their best...

- **Let them do one task at a time.** They can feel overwhelmed by too many requirements and may have a hard time getting started on any of them.
- **Invite them to share their thoughts, opinions, and feelings.** They will rarely speak up on their own, but like being asked to join in when they're ready.
- **Be kind in your criticism.** They are deeply sensitive to disappointing others.
- **Show curiosity about their interests.** The best way to see a glimpse of their enthusiasm is to engage with the topics and hobbies they like.
- **Offer them chances to lead.** They have the people skills to be a great leader.

It will likely demotivate my child if you...

- **Push them to participate.** They are most comfortable observing before joining in.
- **Mistake their quiet for apathy.** They may not speak up often or outwardly show enthusiasm, but that doesn't mean they're disengaged.
- **Expect them to meet rigid deadlines.** They often complete work immediately or at the very last minute and can sometimes struggle with time management.
- **Don't ask for their thoughts.** They want to share their views and opinions but need time to process them first.
- **Stress them with loud conflict.** They respond best to correction that is delivered calmly and quietly.

If you could partner with me to develop my child in one area it would be ...

Gauging Innate Needs

Use this exercise to gauge how *full* or *empty* a child's innate needs are right now.

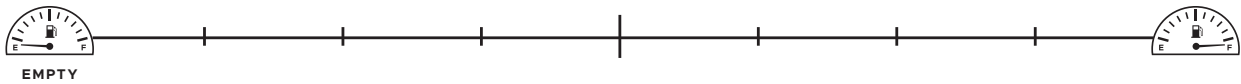
Directions

- Find and mark the four scales for the child's likely temperament. (You can ignore the gauges for the other three temperaments.)
- When you're finished, consider these questions:
 - Did the definitions/statements change the way you think about any of the child's needs? If so, how?
 - Did this exercise reveal any of the child's need(s) that you may have been overlooking? What is one way you could start filling that need?

SANGUINE YELLOW

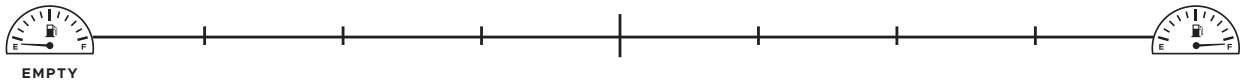
Need: Approval

They feel liked for who they are, flaws and all.



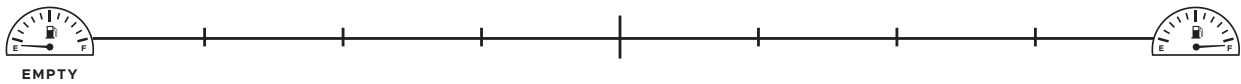
Need: Acceptance

They are often included or invited by others.



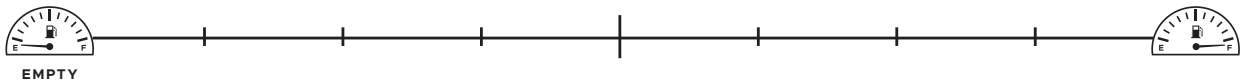
Need: Attention

Others give them focused attention and eye contact when they're talking.



Need: Affection

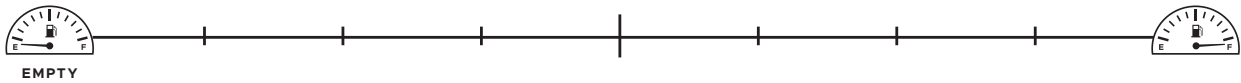
They feel seen and celebrated when they're nearby.



CHOLERIC RED

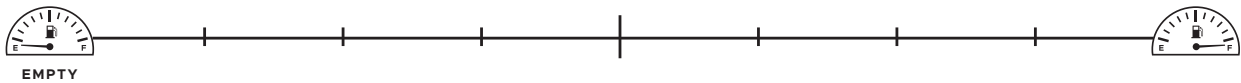
Need: Loyalty

They feel like the people closest to them have their back.



Need: Sense of Control

They are given the freedom to come up with plans, and others typically cooperate.



Need: Appreciation

They are celebrated for their unique contributions (at home, at school, and in friendships).



Need: Credit for Work

The effort they give to tasks is noticed and appreciated.

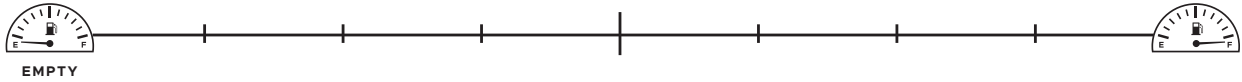


Gauging Innate Needs

MELANCHOLIC BLUE

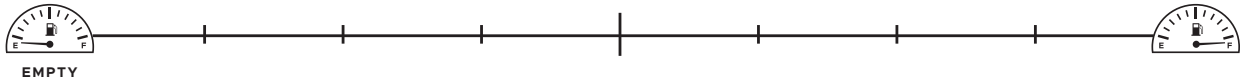
Need: Safety

They feel protected by and able to trust those closest to them.



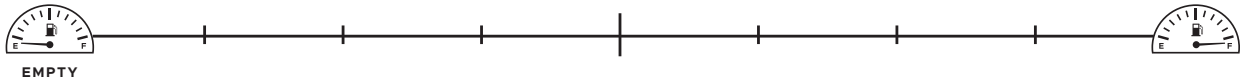
Need: Sensitivity

Others are considerate of their feelings.



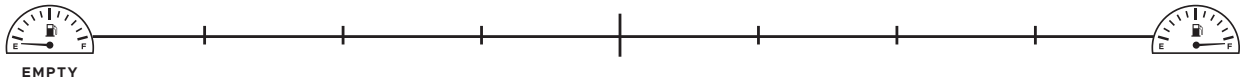
Need: Support

Others notice when they need help and offer it.



Need: Space and Silence

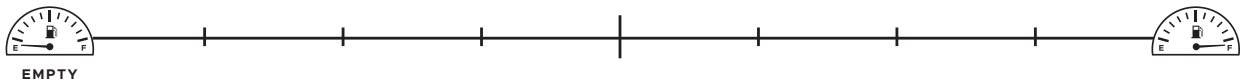
They have time each day that is uninterrupted by noise or people.



PHLEGMATIC GREEN

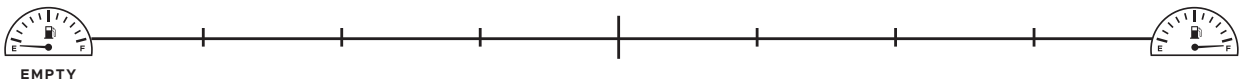
Need: Harmony

They are not engaged in conflict, and everyone around them is getting along.



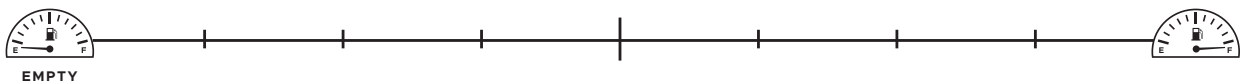
Need: Feeling of Worth

They are celebrated for their unique talents and traits.



Need: : Lack of Stress

They have time each day to relax and not feel pressured by anyone else.



Need: Respect

Others ask for and value their thoughts and opinions.

