

About My **Red** Child

Here are a few things to know about how

_____ is wired so this year can be a success.
child's name

My child is an external processor. They think out loud.

You might find that they...

- Speak up right away and *then* figure out what they're trying to say.
- Raise their hand or shout out before you've finished asking the question.
- Inadvertently dominate conversations or interrupt others.

My child is task-oriented. They like the satisfaction of accomplishing things.

You might find that they...

- Resist moving on before they've fully completed a task.
- Would rather work alone than collaborate with others.
- Typically complete work on time and with excellence and may get frustrated when they fall short.

These are some of my child's strengths.

- Competitive
- Articulate
- Comfortable being the leader
- Decisive
- Not easily discouraged
- Independent
- Self-directed
- Determined
- Responsible
- Confident
- Loyal friend

These are some of my child's struggles.

- Can be bossy
- Argumentative
- Unaware of or unsympathetic to others' emotions
- Quick to lose temper
- Decides for and directs others
- Doesn't listen
- Questions authority
- Physical
- Overly opinionated
- Struggles to admit mistakes or that they are wrong



To motivate my child and bring out their best...

- **Recognize their effort and achievements.** They respond positively when their work is celebrated—with stickers, notes, or words of affirmation, for example.
- **Give them something to be in charge of.** They respond well to roles like line leader, team captain, or project lead.
- **Keep communication short and to the point.** They will tune out as soon as they get the gist of what you are saying.
- **Encourage their intellect.** They enjoy being challenged and take pride in exceeding expectations.
- **Have their back/assume the best in them.** A helpful posture when they aren't doing what they're told is, "I know you have a good reason for... Can you tell me what that is?"

It will likely demotivate my child if you...

- **Don't do what you say you'll do.** They get frustrated when plans or expectations change, especially mid-task.
- **Embarrass them in front of others.** They are sensitive about being publicly corrected or made to look/do something foolish.
- **Overlook their work.** They crave rewards for completing tasks.
- **Don't ask for their thoughts.** They want to share their views and opinions.
- **Don't offer opportunities for them to lead.** They are a better follower most of the time if they can be the leader some of the time.

If you could partner with me to develop my child in one area it would be ...

Gauging Innate Needs

Use this exercise to gauge how *full* or *empty* a child's innate needs are right now.

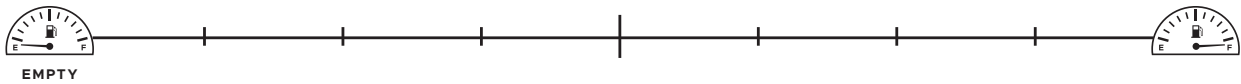
Directions

- Find and mark the four scales for the child's likely temperament. *(You can ignore the gauges for the other three temperaments.)*
- When you're finished, consider these questions:
 - Did the definitions/statements change the way you think about any of the child's needs? If so, how?
 - Did this exercise reveal any of the child's need(s) that you may have been overlooking? What is one way you could start filling that need?

SANGUINE YELLOW

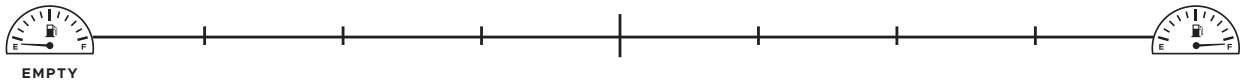
Need: Approval

They feel liked for who they are, flaws and all.



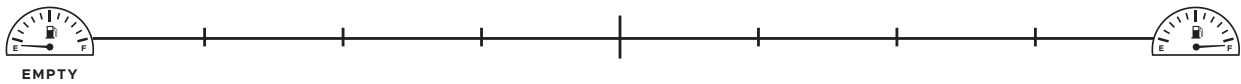
Need: Acceptance

They are often included or invited by others.



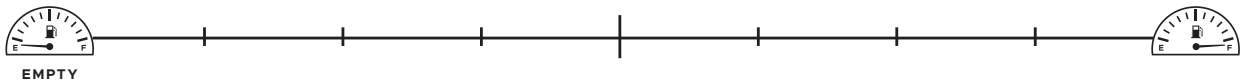
Need: Attention

Others give them focused attention and eye contact when they're talking.



Need: Affection

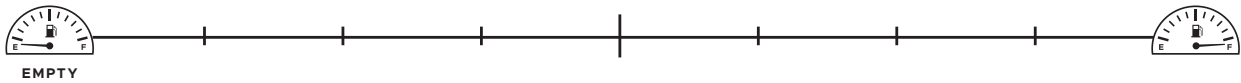
They feel seen and celebrated when they're nearby.



CHOLERIC RED

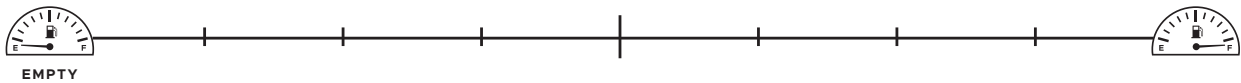
Need: Loyalty

They feel like the people closest to them have their back.



Need: Sense of Control

They are given the freedom to come up with plans, and others typically cooperate.



Need: Appreciation

They are celebrated for their unique contributions (at home, at school, and in friendships).



Need: Credit for Work

The effort they give to tasks is noticed and appreciated.

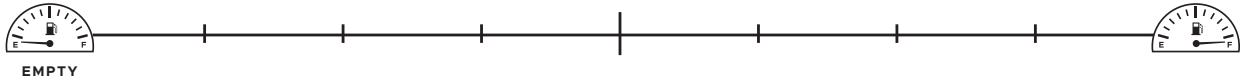


Gauging Innate Needs

MELANCHOLIC BLUE

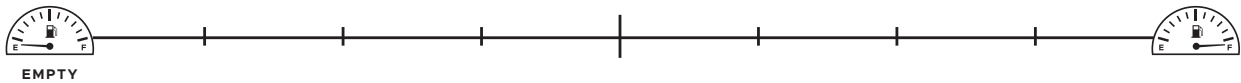
Need: Safety

They feel protected by and able to trust those closest to them.



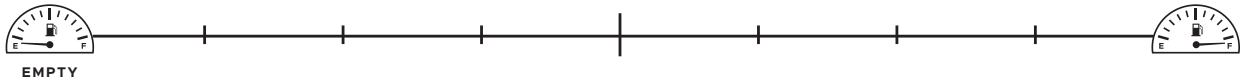
Need: Sensitivity

Others are considerate of their feelings.



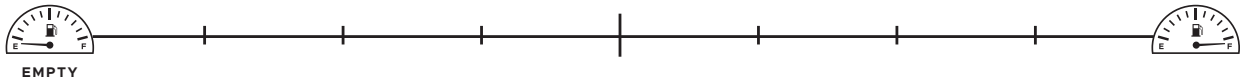
Need: Support

Others notice when they need help and offer it.



Need: Space and Silence

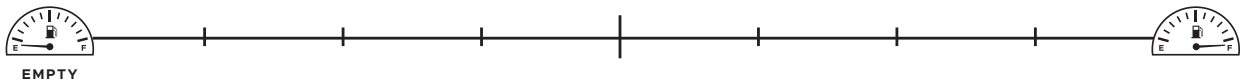
They have time each day that is uninterrupted by noise or people.



PHLEGMATIC GREEN

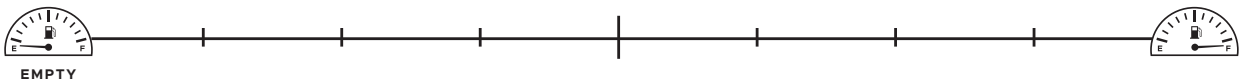
Need: Harmony

They are not engaged in conflict, and everyone around them is getting along.



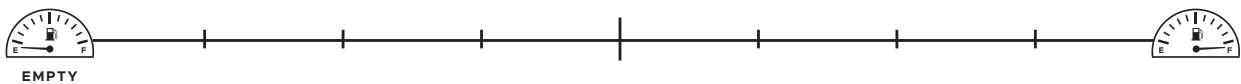
Need: Feeling of Worth

They are celebrated for their unique talents and traits.



Need: : Lack of Stress

They have time each day to relax and not feel pressured by anyone else.



Need: Respect

Others ask for and value their thoughts and opinions.

